



Issue No. 226 March - 2018

### **Foundation - Roundup!**

The Second meeting of the Governing Council was held in the Campus on 17th March. This was a deliberate change of venue to enable the Members of the Council to get closer look at the Foundation's activities in Campus Nhava. It was also decided to transport those members who could travel from the Gateway of India by sea to Nhava. The Chairman's Launch Viva was placed at the Members disposal and the members loved the brief sea journey to Nhava. On arrival and as a part of the meeting, the Members were conducted around the Campus as well as new training acquisitions. The meeting having been successfully conducted, the Members attended a lunch hosted by the Chairman. It is to the credit of Mr Paul Koshy and the members of Nyassa staff that the menu vied with fare that would be the envy of any five star restaurant. Members were appreciative of the efforts made and the hospitality extended to them.

So far in Campus Nhava, we were subscribing for 10 Mbps Leased Line Circuit from MTNL and 20 Mbps Wireless Circuit from Joister. The Service from MTNL was frequently interrupted and remained a constant source of headache. We thus decided to surrender this circuit and instead hired a 50 Mbps Wireless Circuit from DvoiS (I-ON) Company. This has since been activated and our checks prove that there is considerable improvement in the download speed.

Bandwidth management is being done with a view to making most efficient use of the existing assets viz 20 Mbps from Joister and 50 Mbps from DvoiS. Additional allotment of the Bandwidth has also been made for the computer Lab since now it will have 40 computers. The LKM School also has been allotted dedicated bandwidth.

Orders for additional 20 computers along with wireless devices and Headphones have also been placed. The computers have been supplied and they will soon be installed.

The submersible Pump deployed in the PSC & RB is now beyond economic repairs and requires urgent replacement. Order for new Pump has been placed and it is likely to materialise in three to four weeks till then usage of the survival tank would be restricted.

New Lathe machines and some other training equipment have been ordered for the engineering workshop to upgrade the workshop training facilities.

We have never seen so many parrots perching on Campus trees for all these years. While they are cynosure of all eyes, they are wreaking havoc on the mango crop in the Campus.

The Maharashtra Government has banned Plastic. Please see the news paper, cutting reproduced. Please help us to keep plastic away from the campus!

### **TRAINING SHIP RAHAMAN (Nautical Education & Training)**

Capt (Dr) Ashutosh Apandkar attended TRANSAS Seminar from 01st to 9th March at Canada. Seaman's Enhancement two months Course has commenced for Saudi Arabian Candidates from 5th March. The Course will conclude on 4th May 2018.

Mr. Jiten Negi & Mr Hasan, Rigel Marine visited campus for Saudi Training on 5th March 2018.

Capt James Maddela & Mrs Anju Kumari attended two weeks TOTA course at MTI Powai on 5th March 2018.

Fire drill was conducted in our campus with all senior officers, faculty, staff & students of Training Ship Rahaman on 15th March.

Mr Bhalchandra Gavandi & Mr Sibaram Shau visited DG Shipping's office to upload data on 19th March.

Mr Amol Markute, 24 Hrs Digital Studio visited campus to solve course booking software issues on 20th & 21st March.

Capt Mayur Wagh & Capt Chinna, Wilhelmsen Ship Management visited campus on 23rd March.

Capt Mahesh Saurabh & Ms Elaine NG MAERSK, Singapore carried out audit on 14th March.

Capt R. Irani, Mr Aniket Mohite & two Cadets visited DAV College, Panvel to display Banners & distribute Pamphlets of Pre Sea Courses on 23rd March.

Computer lab renovation in progress

Status of Distance Learning Programme (DLP) as on March.

SSTP Certificate issued – 07 Candidates.

On Going DLP – 390 Candidates.

Candidates trained in various courses for the month of March 2018 were as follows:

GP & CCMC Ratings have completed their STCW courses.

Practical & Oral examination for repeater GP and CCMC Ratings was held on 23rd March at B.P. Marine Academy's Campus at Panvel and Online/Written examination was conducted on 24th March at Sterling College (NCRD's) Institute of Pharmacy, Nerul.

***Rahaman College of Advanced Maritime Studies and Research***  
***(Engineering Education & Training)***

GME batch 06 cadets are attending Mazagon Dock Training from 8th January 2018 and will continue till 26th April 2018. On Saturdays GME cadets attend classes in RCAMSAR and practical in Engine Room mock up. Every week Objective tests on one subject are conducted to evaluate their progress and level of consolidation.

**Other activities**

Documents for Full Mission Engine Room Simulator Training course for operational and Management levels were prepared and uploaded on DGS website for D G Shipping's approval.

The Members of the Governing Council were shown around the RCAMSAR training facilities. Mr V A Kamath, Principal RCAMSAR explained the functionality of the Simulator to the distinguished members of the Governing Council.

Six Monthly Firefighting drill was carried out on 15th March.

Other Courses conducted at RCAMSAR

Number of candidates trained in the month of March

AFF - 85

AFF - 09

FPPF - 54

FPPF REF - 07

AUGMENTATION - 50

IOT - 12

Due to DG Shipping stipulation on minimum intake required to conduct courses, TASCO and MEO Class II course could not be started.

The Department carried out maintenance work on fire extinguishers, fixed foam and DCP systems, SCBA sets and all helmets were cleaned, and chin straps were washed and repaired. Fire Fighting Department has planned to carry out pressure testing of portable fire extinguishers in the campus with effect from 27th March. Around 212 extinguishers will thus be subjected to pressure testing.

***Abdul Rashid Academy Of Culinary Arts And Maritime Hospitality (ARACAMH)***  
***(Catering & Maritime Hospitality Training)***

Batch of three candidates from Northern Marine were put through one day course on Galley Safety. A fresh 11 days course on Continental Cuisine and Galley Safety for six candidates of Northern Marine was held from 26th February to 09th March. ARACAMH also conducted a six day course on 'Steward Skill Enhancement' for Sodexo- Teyseer from 5th to 10th March 2018 with a batch of four candidates.

Final Practical examination of FY and SY BSc MHS commenced from 14th March and concluded on 21st March. Mr Kapil Kumar of Apeejay Institute of Hotel Management, Mr Malcom Francis from MS institute and Ms Anuja Laghate of BES visited as external examiners.

Final Practical examination of FY and SY BA in Culinary Arts commenced from 23rd March and concluded on 31st March.

Final written exams for FY and SY commenced from 16th March and will conclude on 31st March. FY and SY BSc MHS will complete their examinations by 31st March after which FY BSc MHS will proceed for two months vacation and SY MHS will proceed on six months Industrial Training in Hotels and restaurants in various cities in the country.

CCMC batch 24 (Group A), 40 students along with Mr Amrish Balmiki and CCMC batch 24 (Group B), 39 students along with Mr R S Varma participated in trekking activity at Rajmachi Fort, Lonavla from 01st to 04th March and 10th to 13th March 2018 respectively. Students were there for four days and participated in various activities like Rappelling, Rock Climbing, and Cooking etc.

On 15th and 19th March 2018, ARACAMH conducted a one day course on (Galley Safety) for Northern Marine with a batch of 2 and 6 candidates respectively.

On 6th March, batch of 19 candidates arrived to commence the course; "Culinary Skills Enhancement Programme" (2 months) from Anglo Eastern; the previous batch of 18 candidates had successfully completed this course on 3rd March .

ARACAMH had organized Japanese Cuisine Workshop for BA in Culinary Arts. Chef Altamsh Patel conducted this lecture demonstration on 10th March in the Basic Training Kitchen.

Chef Altamsh Patel, is a SENIOR SOUS CHEF (Japanese & Western Cuisine) in TAJ SATS AIR CATERING, Mumbai.

Chef Altamsh was one of judges for Delecta Food Chef of the year, Nestle chef of the year and many other culinary competitions conducted in almost all Hotel Management Colleges in Mumbai. He had conducted session on Japanese and Thai cuisine at Amul Master Chef India season 5. He is also committee member of Western India Culinary Association, Indian federation of Culinary Association and World Association of Chef Society. He recently represented Taj SATS at Singapore Food Fair.

He recently opened a Japanese restaurant at World Trade Centre, Pune - The Bento Company. It was a wonderful experience watching Chef Altamsh rustling up some mouth watering authentic Japanese Dishes such as -

- Turmeric Ginger Miso Soup with Wakame Tofu.
- Chicken and Leek Yakitori.
- Spinach / Baby Bok Choy and Carrot with Sesame Dressing.
- Chicken Nanban with Tartar Sauce

The colourful dishes which Chef presented were awesome, appealing and appetizing. These were appreciated by our Chairman, Mr Paul Koshy, Principal, all Faculty, Staff and students. The workshop session was for three hours. Chef Altamsh shared his knowledge, experience and gave invaluable tips to the students.

Mr Paul Koshy speaking on the occasion said that "We would like to encourage students to attend such events on a much bigger scale in the future. He was highly impressed with the interest shown by the students". The subsequent feedback indicated that it was a great learning experience related to Japanese cuisine and students felt happy to be a part of it.

Students of CCMC batch 24 (40 students of Group A), along with Mr R S Varma and Mr Amresh Balmiki went on an educational tour to Mazgoan Dock on 23rd March. Students (37 students of Group B) also visited MDL on 26th March along with Mr R S Varma and Mr Chetan Raut.

Students of both the batches learned a great deal about Cargo ships, their berthing, loading and unloading of cargo and also saw parts of ship that usually remain underwater if the ship were to be at sea.

### ***Lady Khatun Marium School & Junior College***

ALL INDIA SECONDARY SCHOOL CERTIFICATE EXAMINATION (AISSCE 2018) AND ALL INDIA SENIOR SCHOOL EXAMINATION (AISSE2018) i.e. the CBSE Board Examination for std. XII and Std. X commenced from 5th March 2018.

Open House was conducted on 13rd March for the students of Std. IX and XI to discuss their progress in the Final Examination. Regular classes for their next session for Std. X and XII started from 14th March.

Annual Examination for Middle school was conducted between 8th and 17th March. Promotion meeting was held on 27th March.

Open House for the students of class I to VIII was organised on 28th March for boarders and on 29th March for Day Scholars to discuss the progress of the students in their Annual Examination.

National Institute of Open Schooling practical examination for Std. X and XII was conducted between 15th and 28th March.

### ***Fatma Banu Hospital***

Blood donation Camp organised in the Hospital was note worthy. The Camp conducted in coordination with MGM Seva Mandir, Khar, Mumbai on 24th March resulted into donation of 155 bottles of blood by Pre

sea trainees as well as employees notable amongst them was the Principal Training Ship Rahaman, Capt (Dr) Apandkar and Dr. Hemant Mehta, RMO.

Patients treated in the Hospital – 714, nine children were inoculated and eleven children attended well baby clinic.

Dr Mehta, RMO whose contract expired on 31st March, has left.

### ***Infrastructure, Repairs and Maintenance***

Maintenance staffs have carried out the repairs and alteration of computer lab at Barnes Academy. The Welders repaired fencing behind Serang Hostel and replaced damaged or worn out GI sheet fencing. They also repaired bodies of water coolers, laid RCC Columns of the School Hostel and repaired beam of the Hasham Mess. The broken fire line at the Offshore Centre has been replaced. The welders also erected railing at the Jetty.

External painting of Anchorage bungalow has been undertaken. Other jobs carried by the painters include painting of Crane hanger at offshore centre and staircase wing at the Heights. Painting/ repairs of quarter CS 6 for accommodating newly inducted training faculty.

The masons carried out renovation and repairs to first floor cabin at Sagaresh hostel, plastering and wooden polishing of buildings at Worli. The power and LAN cables of the computer lab have been realigned in the wake of additional computers being inducted there.

The maintenance staff demolished the Bullock Cart Canteen building to prepare the area for expansion of the hospital facilities.

New telephone connection for wardens at Sagarika hostel has been provided.

At long last, the worn out stage curtains in Hasham mess building have been replaced and the winding mechanism repaired.

Maintenance staffs are now busy with fabrication of new computer tables for computer lab, wooden deck for swimming pool at Worli, windows for school hostel, repairs of the small mock up at Offshore centre, fabricating railing of new davit at PSC jetty, fixing mosquito mesh in Sagardweep hostel, external painting of Hasham mess building, staircase wing painting at 'The Heights', painting of training tank at Offshore centre, fabricating MS roof structure for School building, Replacing the fan hooks of cabins in Sagarika hostel and replacing the fixtures and wiring of cabins at Sagaresh hostel.

### ***George Campbell Library***

Library books have been recalled from borrowers for physical stock taking by the year ending March 31st. On its completion, reference materials will be issued to library members. Material for the soon to be published Library monthly bulletin has been collected and the bulletin will be published shortly incorporating with latest DG Shipping regulations.

Library Accession Register has been updated which will be helpful in physical stock taking.

### ***Marine Museum***

In the month of March 2018, 70 visitors visited the museum.

### **Important Visitors**

#### **5th March 2018, Rigel Maine**

Mr. Jiten Negi.

Mr. Hasan.

#### **14th March 2018, MAERSK Auditors.**

Capt. Mahesh Saurabh.

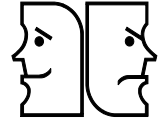
Ms. Elaine NG.

#### **23rd March 2018, Wilhelmsen Ship Management**

Capt. Mayur Wagh.

Capt. Chinna

## NEW FACES



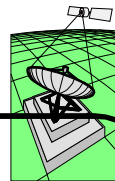
**Ajay Kumar** has joined as Training faculty in Training Ship Rahaman with effect from 01 Feb 18. He has over 10 years of sailing experience with K Line and Anglo Eastern. He was working as Berth Master at Petronet LNG, Dahej during his last appointment.

### **Arun Choudhry**

Has joined as Training Faculty in Training Ship Rahaman on 26th March 2018. He was Assistant Surveyor with “Navark and Mareng”. He has sailing experience with Jayshree Shipping, V ships, and Fleet Management of over 25 years.

### **Bom Bhahadur Sinjali**

Security Guard with effect from 08 March 2018.



### **Future Watch :**

#### **4th, 11th, & 25th April**

Workshop visit for GP Rating Batch 61

#### **9th to 11th April**

Workshop visit for IMU DNS Batch 17  
& 18

#### **14th and 28th April**

Well Baby Clinic

#### **19th to 21st April 2018.**

'Naughtica 2018' programme in Goa.

## PRE SEA SECTION

### **ECSSMI- A STEP TOWARDS BETTER MARITIME TRAINING**

It all began in January 2018 when Capt (Dr.) A Apandkar, informed Ms. Manisha Sonawane and me about the 3-day pilot programme of English Communication and Soft Skills Course for Maritime Instructors (ECSSMI) at Mumbai, as per the directions of Maritime Training Trust (MTT) and Directorate General of Shipping (DGS). Later the dates were finalized and the course was scheduled for 26th to 28th February 2018 at Anglo Eastern Maritime Training Centre, Andheri (E). We were thrilled with this opportunity but our only concern was commuting. All turned out well and the institute provided us with transport, to and fro. With our pre- training worksheet complete, we headed out for the first experience of the course.

**DAY 1:** We arrived at Anglo Eastern Maritime Training Centre on the first day of training at 0900 hrs. New faces crept into the training room as we all assembled for the introductory class. The pilot batch consisted of 10 maritime trainers from 5 training institutes across the country. Mr. C Maheshwar (Chief Engineer) and Course Coordinator of ECSSMI conducted the icebreaker session where we got to know each other and from there the interaction began. Besides the maritime instructor- trainees, a few representatives from the DGS also interacted with us. The first day covered topics like Classroom Management, Approaches to Maritime Training and Training Needs Analysis. We were also enlightened about the programme scheduled for the next two days.

**DAY 2:** The next day began with the topic 'Communication' conducted by Ms. Pinky Roy. Maritime Vocabulary and Communication Skills was conducted by Mr. Harsh Pandya. Every session was very interactive and interesting, with the lesson on Body Language and Gestures topping the list. The final topic for the day, 'Educational Learning' was presented by Ms Parnita Rasal. The day ended with topics allotted to us for the next day's presentation.

**DAY 3:** This session began with a recap of Day 1 and 2. Mr. C Maheshwar emphasized on the importance of good Lesson Plans and Assessment procedure. Following the tea break, Ms Pinky Roy introduced the topic on Feedback with a video clip from the movie 'In Pursuit of Happiness' and a class discussion on the importance of feedback. The post-lunch session, was completely practical based where we presented a 5 minute lesson on any one topic conducted during the course. Paired with the English Lecturer from C V Raman College, Bhubaneshwar, Mr Salman Khan, we decided to choose the topic 'Body Language and Gestures'. Conducting a lesson on Crane- Hand Signals was an enlightening experience.

Each teacher was presented a 'Completion Certificate' as we bid farewell to the organizers and our new friends. The management appreciated our effort and role in making the course a success. Besides the knowledge gained, it was a remarkable way to befriend maritime instructors from across the country and share our views and ideas.

I express my gratitude to the Management of Training Ship Rahaman for this wonderful opportunity.

**Ms. Charlotte Samson**  
**English Lecturer**

## TREKKING 2K18

'TRAVELLING SHOULDN'T BE JUST A TOUR. IT SHOULD BE A TALE.'

Believe me; each and every one of us was eager to experience this tale. When we joined T S Rahaman, we were informed, by our seniors about the trek to Rajmachi, but didn't know what it entailed. Our trek was scheduled during the second semester and as soon as we got to know the dates, we were filled with excitement. Most of us had never been on a trek before. The classes that went trekking prior to our schedule would inform us about the adventurous experience and our eyes would glow, trying to imagine the fun we would have.

The day finally arrived but the preparations had started a day or two prior to the trek. Our bags were filled with all the necessary items that were mandatory for the trek. We embarked on our journey from Nhava to Lonavala in the afternoon of 4th March, accompanied by Mr. S. S. Tomar. All along the drive not one of us fell asleep but enjoyed the scenic beauty along the serpentine roads. Every twist and turn would leave us completely awestruck. After a three hour journey, we finally reached our destination, to be greeted by Mr. Arjun, our trekking instructor for the next three days. After a brief introduction we started walking through the dirt roads. Heavy haversacks and the blazing sun overhead couldn't deter our enthusiasm and excitement.

After a two hour walk we reached our campsite where we were introduced to the other instructors- Mr. Tony, Ms Munira and Mr. Prakash. We were enlightened about the rules at the camp, the do's and don'ts. Later we were divided into three groups and each were allotted their respective tent. I was in Group 1 along with Mohammed Abbas, Jaspreet Singh, Vishnu Jayan, Ebin John, Dhirendra Singh, Aman Wadhwa, Atif Khan, Ashish Jha- our group leader and Prasanna Kumar- deputy leader. After a delicious dinner, we were exhausted, and most of us woke up only next morning.

Like most treks, watch keeping was one of the activities on the adventure list. My watch was from 2130 to 2250 hrs so I got ready with my torch and whistle and two chocolates in my pocket. As the lamps were turned off for the night, my only companion was my torch. Everyone retired to their respective tents, exhausted; and a sudden silence fell. It was pitch- dark with the distant sounds of nocturnal creatures and falling leaves and branches. A strange feeling developed in my stomach. I felt scared, excited and brave at the same time. Time flew and I was soon tucked up in my tent, in a deep sleep.

Day 2 of the trek began at 0530 hrs. After a cup of tea, we made our way to the cliff for our first rappel from 60 feet. Everyone was super excited as we were about to experience something thrilling, for the first time in our life. After a briefing on safety, we donned our safety gear, helmets and harnesses and awaited our turn. A cool breeze blew against my face and I felt the adrenaline rush in my blood. I couldn't wait to rappel down the cliff. I leaned over backwards and suddenly I felt like Spiderman, scaling down with ease. What a wonderful experience! That afternoon we were introduced to Jhumming- the technique of climbing a rope with the help of Jhumars. I was able to complete that activity too.

In the evening we were given all the necessary items to prepare our meals. Since cooking was Greek to most of us, we decided to prepare the simplest dishes and were amazed that they turned out so well. We served Rice, Dal, Aloo Bhaji, chapattis along with salad and lemonade.

The Intermediate rappel was scheduled for the third day. We rappelled from 300 feet. It felt I was walking down a high wall.

It was the last day of the trek. We woke up at 0530 hrs and climbed to the top of the Rajmachi fort to enjoy the sunrise. The cool breeze and the calm and peaceful environment with the rising sun reflecting in the lake, was mesmerizing.

The three days of trek were filled with thrill and excitement. We saw many wild creatures from a scorpion to wild birds. Due to poor network, we were unable to use our mobile phone which was a good tech detox.

On our way back we were tired and dirty but were overwhelmed by the experience and the memories that we would cherish forever.

Gratitude goes out to the management of TSR for organizing this outdoor activity for us.

**CADET SIMRANJEET SINGH**  
**IMU 17 A**